



Breakfast

TO ENJOY

Seeded Granola, Grape Jam, Arethusa Yogurt	14
Black Emmer Pancakes, Laurel & Ash Maple Syrup	18
Everything Bagel, Trout Gravlox, Capers, Red Onions	26
Wild Hive Grains, Brown Butter, Cranberry, Pistachio	14
Soft Scrambled Eggs, Pork Sausage & Grilled Miche	14
Breakfast Sandwich, 2 Fried Eggs, Bacon, Cheese, Pickles & Kewpei	16
Challah French Toast, Banana, Brandy, Vanilla Cream	22

ALONG WITH

Pastry of The Day	5	Toast	3	Bacon	7	Sausage	7
Upstate Hashbrown	5	Soft Boiled Egg	4	Fruit	5		

JUICES

House Pressed Juice of the Day 9		
Grapefruit Juice 6	Orange Juice 6	Fuji Apple Juice 6

TEA

COFFEE

Matcha/Chai	8	French Press	10/15
Breakfast / Black	5	Iced Coffee	5
Earl Grey / Black	5	Decaf	5
Genmaicha / Green	5	Espresso	6
Jasmine / Green	5	Cappuccino	8
Mint / Herbal	5	Latte	8
Chamomille / Herbal	5	Ben's Drink	8
Golden Glow / Herbal	5		
Scarlet Glow / Herbal	5		
Lemon Ginger / Herbal	5		

Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness. Please inform your server of any allergies or dietary restrictions.

We are more than happy to accommodate your needs. @troutbeck.ny