

## TROUTBECK'S GUIDE TO KENT, CT

Located 20-minutes by car from Troutbeck, the historical town of Kent is nestled in the foothills of the Berkshire Mountains and offers a friendly village atmosphere with ample activities for the whole family. The town's lively Main Street has an eclectic collection of independently owned boutiques, restaurants, and cafes, while the Kent Barns offers an array of art galleries and other businesses within restored and rebuilt historic barns. Surrounding the village are beautifully preserved nature parks that offer a plethora of footpaths for hiking as well as stupendous views of the surrounding Litchfield County.

On your first visit to Kent, we suggest taking advantage of the ample parking within the **KENT BARNs** and beginning your village stroll there. Your first stop should be **RT FACTS**, a design store with a distinct and unique collection of restored antiques and bold contemporary pieces. From there we advise visiting the excellent collection of galleries including our personal favorite, **Craven Contemporary**, which specializes in cutting edge contemporary artwork by some of the best emerging and established artists.

If you follow the path through the Kent Barns, you will find yourself somewhere near the beginning of Main Street and be instantly charmed by the village's downtown energy and offerings. **THE HOUSE OF BOOKS**, for example, is a delightful, upscale shop in a historic building with a full selection of books on all subjects. If you find yourself peckish, we suggest grabbing a fresh baked good, salad or sandwich from **WILSON'S BY HIGH WATCH**, a bakery and café offering jobs and support for the recovering patients and alumni of High Watch. Otherwise, a long and leisurely sit-down lunch of wood oven pizza, locally made beer from **KENT FALLS BREWING CO.**, and other comparable fare and libations at **ORE HILL & SWYFT** is also highly recommended. Once satisfied, follow Main Street northwards all the way to **KENT COFFEE & CHOCOLATE** for an espresso and homemade chocolate delight (their dark chocolate almond bark comes highly recommended).

Once you have finished browsing the galleries and shops, and have been properly well fed, we suggest taking a hike at one of Kent's scenic parks. At **KENT FALLS STATE PARK**, you can wander across the covered bridge, hike the falls, and feel the mist on your face as water cascades 250 FT down on its way to joining the Housatonic River. At **MACEDONIA BROOK STATE PARK**, hike the Blue Trail across Cobble Mountain and other peaks for outstanding views of the Catskill and Taconic mountains (which offer splendid foliage viewing in the fall). South of Kent, you can visit and walk around **BULLS COVERED BRIDGE**, which is one of the few functional covered bridges remaining in Connecticut.

For a complete list of our favorite Kent restaurants and cafés, shops and galleries, adventures, and activities, please turn the page over.

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## DINE & INDULGE

### KENT COFFEE & CHOCOLATE

45 N Main St, Kent, CT 06757  
(860) 927-1445  
[www.kentcoffee.com](http://www.kentcoffee.com)

### 109 CHEESE MARKET

7 Old Barn Rd, Kent, CT 06757  
(860) 592-0366  
Closed Monday & Tuesday  
[109cheeseandwine.com](http://109cheeseandwine.com)

### WILSON'S BY HIGH WATCH: BAKERY & CAFÉ

N. Main Street, Kent, CT 06757  
(959) 300-0080  
Closed Tuesdays and Wednesdays  
[wilsonshyhighwatch.com](http://wilsonshyhighwatch.com)

### ORE HILL & SWYFT

3 Maple St, Kent, CT 06757  
(860) 592-0404  
Closed Monday – Wednesday  
[orehillandswyft.com/swyft](http://orehillandswyft.com/swyft)

### KENT FALLS BREWING CO.

33 Camps Rd, Kent, CT 06757  
(860) 398-9645  
Closed Monday – Wednesday  
[kentfallsbrewing.com](http://kentfallsbrewing.com)

## SHOP & COLLECT

### Craven Contemporary

An art gallery offering a curated collection of cutting edge contemporary artwork by some of the best emerging and established artists.  
Thursday – Saturday 11am - 5:00pm,  
Sunday 12 - 5pm  
Fulling Ln, Kent, CT 06757  
(646) 355-8142  
[www.artnet.com/galleries/craven-contemporary/artworks](http://www.artnet.com/galleries/craven-contemporary/artworks)

### HOUSE OF BOOKS

10 N Main St, Kent, CT 06757  
(860) 927-4104  
Closed Monday – Wednesday  
[www.kentct.com/house-of-books](http://www.kentct.com/house-of-books)

### JAMES BARRON ART

(917) 270 - 8044  
By Appointment Only  
[jamesbarronart.com](http://jamesbarronart.com)

## RT FACTS DESIGN & ANTIQUES

8 Old Barn Rd, Kent, CT 06757  
(860) 927-1700  
Closed Sunday  
[www.rtfacts.com](http://www.rtfacts.com)

## KENT GREENHOUSE & GARDENS

30 S Main St, Kent, CT 06757  
(860) 787-5068  
[www.kentgreenhouse.com](http://www.kentgreenhouse.com)

## ADVENTURES & NATURE

### KENT FALLS STATE PARK

462 Kent Cornwall Rd, Kent, CT 06757  
(860) 927-3238  
[www.ctvisit.com/listings/kent-falls-state-park](http://www.ctvisit.com/listings/kent-falls-state-park)

### BULLS COVERED BRIDGE

248 Bulls Bridge Rd, South Kent, CT 06785  
[housatonicheritage.org/places/bulls-bridge-scenic-area-trail-covered-bridge-kent-conn](http://housatonicheritage.org/places/bulls-bridge-scenic-area-trail-covered-bridge-kent-conn)

### MACEDONIA BROOK STATE PARK

159 Macedonia Brook Road, Kent, CT 06757  
(860) 424-3200  
[portal.ct.gov/DEEP/State-Parks/Parks/Macedonia-Brook-State-Park/Getting-Here](http://portal.ct.gov/DEEP/State-Parks/Parks/Macedonia-Brook-State-Park/Getting-Here)