

WILDSMITH AT THE BARN TROUTBECK



Designed to support recovery, repair and balance, Wildsmith Treatments at The Barns are inspired by the universal principle of circadian rhythm and delivered by our highly trained practitioners who will guide and help deliver profound results. Each treatment incorporates Wildsmith's clinically proven, high-performance formulations created to support and transform skin health, with the connection between practitioner and guest enabling expert diagnosis for treatments aligned to the time of day.

HOURS OF OPERATION

6am - 10pm

*A human presence at the Long Barn reception: 8am-12pm & 1-6pm 7 days per week.

FOR RESERVATIONS:
thebarns@troutbeck.com
or (845) 789-1567

CANCELLATION POLICY

If treatment/session is canceled within 7 days of appointment, a 25% refund is offered. Refund void if canceled within 48 hours.

*For your convenience, a 20% service charge is added to all massage therapy sessions, for the full value of the session (prior to the Member discount).

The Barns is an adult-only space, 18 and up.

MENU OF SERVICES

	DURATION	MEMBER	GUEST
WILDSMITH TIME	120 mins	\$380.00	\$400.00

Inspired by nature's innate circadian rhythms, our practitioners provide a bespoke reset that draws on kinesiology principles and mechanisms of movement to reveal the body's unique requirements. A therapeutic massage sequence – using essential oil blends formulated specifically for the time of day – is tailored to your individual needs and includes craniosacral holds, abdominal massage, and foot reflex zone therapy to help clear blocked energy pathways. Expect to leave feeling reconnected and balanced.

	DURATION	MEMBER	GUEST
WILDSMITH RADICAL BOTANY FACIAL	90 mins	\$313.00	\$335.00
	60 mins	\$240.00	\$260.00

An all-encompassing approach to skin health and wellbeing. Our clinically proven facial, utilizing award-winning Wildsmith Skin formulas, delivers immediate results – notably toned, smooth and plump looking skin. Incorporating a sequence of breathwork, myofascial release, acupressure, and craniosacral holds to dissipate tension and restore balance. This extraordinary facial surpasses expectations to help ground, centre and re-energize the mind, while delivering cleansed, healthy, radiant looking skin.

	DURATION	MEMBER	GUEST
WILDSMITH MASSAGE	90 mins	\$310.00	\$330.00
	60 mins	\$230.00	\$250.00

An unscripted, bespoke therapeutic massage adapted to suit the individual, and using essential oil blends aligned to specific times of day to support the circadian rhythm. Drawing on a diverse set of massage modalities to dissolve tension and ease muscle fatigue, while helping to stimulate circulation, rebalancing the physical body.

	DURATION	MEMBER	GUEST
WILDSMITH SALT SCRUB	30 mins	\$100.00	\$120.00

Compliment your chosen Wildsmith massage and encourage skin renewal with a moisture boosting full body scrub. A blend of natural exfoliators helps buff away dead skin cells to reveal a smoother more refined skin texture and maximize the absorption of our rich botanical body oils during your treatment.

	DURATION	MEMBER	GUEST
WILDSMITH NEW LIFE	90 mins	\$315.00	\$335.00
	60 mins	\$240.00	\$260.00

An indulgent yet efficacious treatment designed for expectant parents, from the second trimester onwards. Delivered in a relaxed seated posture optimum for pregnancy, deeply restorative massage movements to help ease muscular aches and pains are combined with our nourishing essential oil-free body oil, to help maintain skin tone and promote elasticity.

	DURATION	MEMBER	GUEST
WILDSMITH SKIN RENEWAL	90 mins	\$310.00	\$330.00

A full body exfoliation treatment, paired with our Restorative or Purifying body wrap. Designed to help regenerate skin, boost circulation, and encourage lymphatic drainage – featuring dedicated essential oil blends to purify and ease fluid retention, or hydrate and soothe muscle fatigue. Emerge with skin feeling soft, smooth and supple.